

Visual Cooking

ESY Recipe Bundle



Take a look inside...

Use this in your special education classroom to follow directions to make the recipe. Perfect for visual supported recipes in ESY or Summer School.

Why?

Visual Cooking Recipes



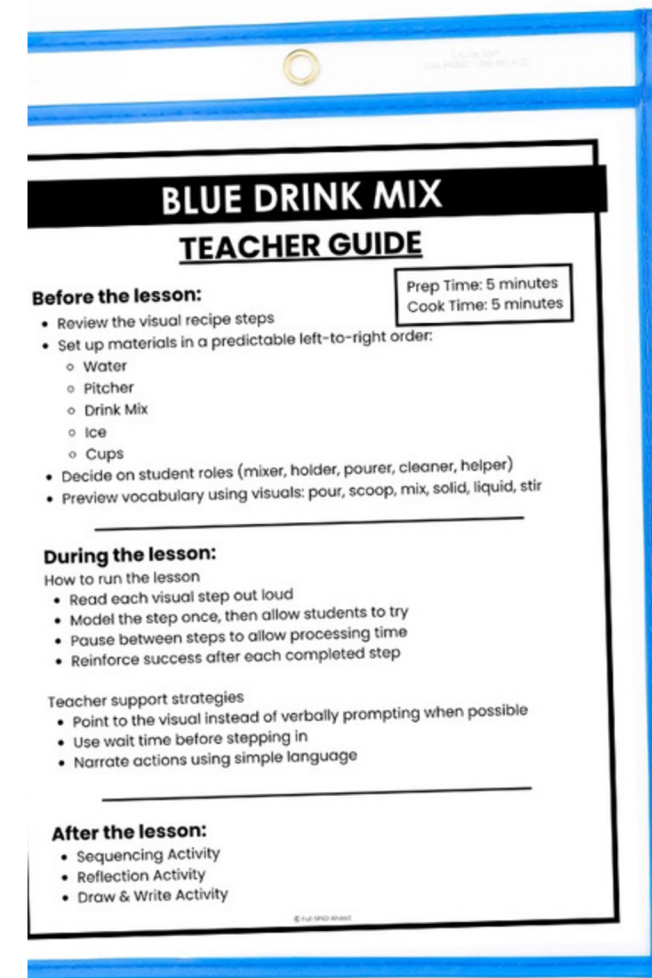
teach reading a recipe with visual and written supports



teach functional cooking skills in special education



uses real pictures for concrete examples in every day life



What Is Included?

Teacher Guide

BANANA POPS TEACHER GUIDE

Before the lesson:

- Review the visual recipe steps
- Create space in the freezer
- Set up materials in a predictable left-to-right order
 - Bananas
 - Popsicle Sticks
 - Chocolate or Peanut Butter
 - Baking Sheet
- Decide on student roles (peeler, dipper, cleaner)
- Preview vocabulary using visuals: peel, dip, freeze

During the lesson:

How to run the lesson

- Read each visual step out loud
- Model the step once, then allow students to try
- Pause between steps to allow processing time
- Reinforce success after each completed step

Teacher support strategies

- Point to the visual instead of verbally prompting
- Allow wait time before stepping in

Visual Recipe

BANANA POPS

1	Peel banana	
2	Put stick in the banana	
3	Dip banana in chocolate, peanut butter or sunbutter	
4	Add sprinkles (optional)	

Printable Visuals

BANANA POPS VISUALS



as



s



Chocolate



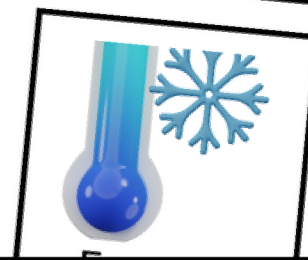
Peanut Butter



Baking Sheet



Parchment Paper



Materials & Shopping Lists

Picture Supported

No Pictures

ICE CREAM SUNDAE

Ingredients

- ☐ Ice Cream
- ☐ Sprinkles
- ☐ Cherries
- ☐ Chocolate
- ☐ Caramel Sauce
- ☐ Whipped Cream

ICE CREAM SUNDAE

Shopping List:

- ☐ Ice Cream
- ☐ Sprinkles
- ☐ Cherries
- ☐ Chocolate Sauce
- ☐ Caramel Sauce
- ☐ Whipped Cream
- ☐ Bowls



ICE CREAM SUNDAE

Ingredients

- ☐ Ice Cream
- ☐ Sprinkles
- ☐ Cherries
- ☐ Chocolate
- ☐ Caramel Sauce
- ☐ Whipped Cream

Materials

- ☐ Bowls
- ☐ Spoons
- ☐ Ice Cream

ICE CREAM SUNDAE

Shopping List:

- ☐ Ice Cream
- ☐ Sprinkles
- ☐ Cherries
- ☐ Chocolate Sauce
- ☐ Caramel Sauce
- ☐ Whipped Cream
- ☐ Bowls
- ☐ Spoons

Extension Activities

Draw and Write (2 Levels)

The image shows two overlapping worksheets titled "DRAW YOUR RECIPE". Each worksheet has a large rectangular area for drawing. The front worksheet has a small section at the bottom with the text "Today, I made" followed by a line for writing. There are also three horizontal lines on the left side of the front worksheet.

Sequence (Cut/Paste)

The image shows a worksheet titled "SEQUENCE THE RECIPE". It contains five numbered steps, each with a large box for drawing and a smaller box for writing. The steps are numbered 1 through 5.

SEQUENCE THE RECIPE	
1	
2	
3	
4	
5	

Recipe Reflection

Picture Supported

No Pictures

RECIPE REFLECTION

1. What did you make today?



2. Rate this recipe:



like



okay



dislike

3. What ingredients did you use?



4. What materials did you use?



5. Was the recipe easy or hard or make?

RECIPE REFLECTION

1. What did you make today?

2. Rate this recipe:



like



okay



dislike

3. What ingredients did you use?

4. What materials did you use?

5. Was the recipe easy or hard or make?

How **can I use this resource?**

- ① Use in whole group cooking
- ② Aide with communication during the lesson
- ③ Ideal for ESY or Summer School